

February Break Figure Skating Camp & The “Whole Package” Skating Clinic

Private Coaching/Choreography with *Mimi Wacholder*

Tuesday Schedule:

11:30am-12:00pm—Introductions & Warm Ups

12:00pm-12:30pm—On Ice Edge Class

12:45pm-2:45pm—Private Lessons

2:45pm-3:45pm—Free Skate w/ Instructors

4:00pm-4:30pm—Wrap Up & Cool Down

Wednesday & Thursday Schedule:

10:45am-12:00pm—Welcome, Intro’s, Goals, Warm Up and Warm Up Skills Off Ice

12:00pm-12:45pm—On Ice Edge Class

12:45pm-2:30pm—Private Lessons

2:30pm-2:45pm—Break

2:45pm-3:45pm—On Ice Performance Skills and Creative Movement/Interpretive

4:00pm-5:30pm—Off Ice Cool Down Techniques/Stretch/Yoga and Goal Setting Round Up

Registration Info:

Skaters Name _____

Age _____ Skating Level _____

Primary Coach _____

Phone _____

Email _____

Payment Method:

Check _____

Credit Card _____

Cash (on camp day) _____

Card Number _____

Expiration _____

Zip Code _____

Skaters from all clubs and areas are welcome to join us! Also, coaches are welcome to participate free of charge!